

## Girls Indoor Track and Field Records!

<u>45 Meters:</u>	Holly Chase (1986) Amber Metzger (1998) Liz Elliott (1998) Liz Stevens (2006)	6.1
<u>50 Meters:</u>	Holly Chase (1986)	6.5
<u>55 Meters:</u>	Liz Elliott (1998)	7.3
<u>300 Meters:</u>	Liz Elliott (1998)	42.1
<u>400 Meters:</u>	<b>Anna Boughtwood (2010)</b>	<b>59.44 FAT</b>
<u>600 Meters:</u>	<b>Anna Boughtwood (2010)</b>	<b>1:37.8</b>
<u>1000 Meters:</u>	Susanne Heyer (1994)	2:58.4
<u>1500 Meters:</u>	Susanne Heyer (1994)	4:33.6
<u>Mile Run:</u>	Susanne Heyer (1994)	4:55.65
<u>3000 Meters:</u>	Brina Seguine (2007)	10:18.03 (FAT)
<u>50 Hurdles:</u>	Donna Girtler (1982) Bridget O'Brien (1993) Nicole, Schafer (2008)	8.1
<u>55 Hurdles:</u>	Nicole, Schafer (2009)	8.82 FAT

<b><u>4x200 Relay:</u></b>	<b>Amber Metzger, Jennifer Amyot, Liz Elliott, Brooke Brady (1998)</b>	<b>1:47.6</b>
<b><u>4x400 Relay:</u></b>	<b>Katie O’Leary, Kayla Wilt Katrina Hines, Olesya DeLisle (2006)</b>	<b>4:16.01 (FAT)</b>
<b><u>4x800 Relay:</u></b>	<b>Melina Frost, Becky Johnson, Merieth Brewer, Lauran Meirhans</b>	<b>9:56.8 (1988)</b>
<b><u>Long Jump:</u></b>	<b>Holly Chase (1985)</b>	<b>18'2.75</b>
<b><u>Triple Jump:</u></b>	<b>Liz Stevens (2006)</b>	<b>36'10.75</b>
<b><u>High Jump:</u></b>	<b>Donna Girtler (1982)</b>	<b>5'6</b>
<b><u>Shot Put:</u></b>	<b>Colleen Hobbs (1982)</b>	<b>39'11.75</b>
<b><u>Pole Vault:</u></b>	<b>Liz Stevens (2005)</b>	<b>8'6</b>

**\*\*\* UPDATED 3/9/10**

**\*\*\* FAT= Fully Automatic Timing**