

Girls Indoor Track and Field Records!

<u>45 Meters:</u>	Holly Chase (1986) Amber Metzger (1998) Liz Elliott (1998) Liz Stevens (2006)	6.1
<u>50 Meters:</u>	Holly Chase (1986)	6.5
<u>55 Meters:</u>	Liz Elliott (1998)	7.3
<u>300 Meters:</u>	Liz Elliott (1998)	42.1
<u>600 Meters:</u>	Susanne Heyer (1994)	1:40.2
<u>1000 Meters:</u>	Susanne Heyer (1994)	2:58.4
<u>1500 Meters:</u>	Susanne Heyer (1994)	4:33.6
<u>Mile Run:</u>	Susanne Heyer (1994)	4:55.65
<u>3000 Meters:</u>	Brina Seguine (2007)	10:18.03 (FAT)
<u>50 Hurdles:</u>	Donna Girtler (1982) Bridget O'Brien (1993)	8.1
<u>55 Hurdles:</u>	Erin Ryan (1995) Tierney Risley (2007)	9.08 FAT
<u>4x200 Relay:</u>	Amber Metzger, Jennifer Amyot, Liz Elliott, Brooke Brady (1998)	1:47.6

<u>4x400 Relay:</u>	Katie O’Leary, Kayla Wilt Katrina Hines, Olesya DeLisle (2006)	4:16.01 (FAT)
<u>4x800 Relay:</u>	Melina Frost, Becky Johnson, Merieth Brewer, Lauran Meirhans	9:56.8 (1988)
<u>Long Jump:</u>	Holly Chase (1985)	18'2.75
<u>Triple Jump:</u>	Liz Stevens (2006)	36'10.75
<u>High Jump:</u>	Donna Girtler (1982)	5'6
<u>Shot Put:</u>	Colleen Hobbs (1982)	39'11.75
<u>Pole Vault:</u>	Liz Stevens (2005)	8'6

***** UPDATED 3/3/08**

***** FAT= Fully Automatic Timing**