

	League # 1	League # 2	Bethlehem Invite	League # 3	Penn Relays	JV MEET
	HOME	BALLSTON SPA	Bethlehem	SHAKER	Phil. PA	BETHLEHEM
Event	MOVED TO 5/4/09	MOVED TO 4/30/09	4/18/2009	4/21/2009	4/23-4/25	4/27/09
4x800	Kiehl, Eva 2:34.5h	DiMura, Nicolette 2:38.1	Sprint Medley Relay:	DiMura, Nicolette 2:41.5h		Bersani, Anna 3:10.5h
	DiMura, Nicolette 2:35.3h	Richburg, Jessica 2:41.3	(4, 2, 2, 8)	Kiehl, Eva 2:36.9h		Puentes, DeAnna 2:58.7h
	O'Connor, Charlotte 2:36.6h	O'Connor, Eliza 2:40.6	Prashaw, Jessica 88.4	Marschner, Justine 2:45.1h		Marschner, Justine 2:47.7h
	Richburg, Jessica 2:38.3h	O'Connor, Charlotte 2:42.0	O'Neil, Caitlin 34.2	Richburg, Jessica 2:46.8h		Langley, Brittany 3:14.2h
	10:24.7 hand time (2)	10:42.0 hand time	Bersani, Anna 38.8	10:50.3 hand time		12:11.1 hand time
			Mayor, Beth 2:53.53			
			5:34.93 FAT (12th)			
4x800	Gold, Kerry 2:52.1h	McDonald, Christina 2:57.8	Sprint Medley Relay:	Puentes, Deanna 2:55.1h		Applebaum, Alycia 3:09.5h
	Smith, Meghan 3:02.8h	Gold, Kerry 3:03.8	(4, 2, 2, 8)	McDonald, Christina 3:11.1h		Smith, Meghan 3:08.1h
	Puentes, DeAnna 2:53.6h	Puentes, DeAnna 2:54.5	Herron, Eliane 76.3	Langley, Brittany 3:13.4h		DeRubertis, Angela 2:58.4h
	Nichols, Mackenzie 2:51.3h	DeRubertis, Angela 2:55.7	Kirby, Kristin 33.5	Smith, Meghan 3:09.0h		McDonald, Christina 2:57.5h
	11:39.8 hand time (2)	11:51.8 hand time	Meddaugh, Nicole 33.3	12:28.6 hand time		12:13.5 hand time
			Smith Meghan 3:12.53			
			5:35.63 FAT (9th)			
4x100	Schafer, Nicole 12.3h	Andersen, Alisha 15.2	O'Brien, Kayla 14.4	Schafer, Nicole 12.9h	Schafer, Nicole 12.6	Ludwig, Jillian 14.6h
	Cullings, Natalie 12.8h	D'Amico, Katie 14.2	Romer, Alison 13.1	Cullings, Natalie 13.0h	Cullings, Natalie 12.7	Islam, Tanzania 15.1h
	Murphy, Michelle 14.7h	Herrick, Jessica 14.7	Ludwig, Jillian 16.0	Murphy, Michelle 14.3h	Murphy, Michelle 14.8	Arrington, Chakerra 18.0h
	D'Amico, Nicole 15.4h	O'Brien, Kayla 13.6	Meddaugh, Nicole 16.13	D'Amico, Katie 15.7h	D'Amico, Katie 14.80	Nardacci, Dominique 14.3h
	55.2 hand time	57.7 hand time	59.63 FAT (9th)	55.9 hand time	54.90 FAT (234th overall)	62.0 hand time
4x100	O'Brien, Kayla NS	Nardacci, Dominique 14.7	Maloney, Colleen 14.4	O'Brien, Kayla 15.1h		O'Brien, Kayla 14.4h
	Kirby, Kristin NS	Meddaugh, Nicole 15.7	Kirby, Kristin 15.3	Romer, Alison 13.1h		Herrick, Jessica 15.3h
	Ludwig, Jillian NS	Ludwig, Jillian 14.3	O'Neil, Caitlin 16.2	Ludwig, Jillian 15.5h		Herron, Elaine 16.2h
	O'Neil, Caitlin NS	Herron, Elaine 15.0	Alviene, Shaye 15.19	Herrick, Jessica 16.0h		Bobel, Amanda 16.7h
	58.8 hand time (1)	59.7 hand time	61.09 FAT (13th)	59.7 hand time		62.6 hand time
4x100	Cramer, Brittani NS	Cramer, Brittani 17.2	Herron, Eliane 15.7	Herron, Eliane NS		Mahar, Shelby 15.5h
	Islam, Tanzania NS	Comeau, Jessie 16.7	Comeau, Jessie 17.3	Cramer, Brittani NS		Pazienza, Grace 16.7h
	Pazienza, Grace NS	Prashaw, Jessica 15.7	Gonzalez-McCue, Eliza 14.0	Pazienza, Grace NS		Milford, Jaela 16.7h
	Wacholder, Marlee NS	Milford, Jaela 14.8	Arrington, Chakerra 14.79	Wacholder, Marlee NS		Wojeski, Brooke 19.6h
	61.5 hand time	64.4 hand time	61.79 FAT (14th)	63.2 hand time		68.5 hand time
4x100	Bobel, Amanda NS			Bobel, Amanda NS		
	Mahar, Shelby NS			Mahar, Shelby NS		
	Milford, Jaela NS			Milford, Jaela NS		
	Meddaugh, Nicole NS			Islam, Tanzania NS		
	63.7 hand time			66.4 hand time		
4x400	Boughtwood, Anna 60.2h	Boughtwood, Anna 60.3	4x200 Relay:	Boughtwood, Anna 62.2h	Boughtwood, Anna 60.8	Meddaugh, Nicole 73.7h
	DeLisle, Olesya 69.0h	DeLisle, Olesya 70.8	Cullings, Natalie 28.3	Miller, Kayla 74.8h	Miller, Kayla 66.4	Kirby, Kristin 79.4h
	Miller, Kayla 63.7h	Cullings, Natalie 64.7	Miller, Kayla 27.2	O'Connor, Charlotte 69.2h	O'Connor, Charlotte 68.7	King, Stephanie 72.8h
	O'Connor, Eliza 64.8h	O'Connor, Eliza 68.0	O'Connor, Eliza 29.4	O'Connor, Eliza 67.2h	O'Connor, Eliza 66.85	Needham, Anja 78.1h
	4:17.7 hand time (1)	4:23.8 hand time	Boughtwood, Anna 26.98	4:33.4 hand time	4:22.75 FAT (9th in heat)	5:04.0 hand time

	League # 1	League # 2	Bethlehem Invite	League # 3	Penn Relays	JV MEET
	HOME	BALLSTON SPA	Bethlehem	SHAKER	Phil. PA	BETHLEHEM
Event	MOVED TO 5/4/09	MOVED TO 4/30/09	4/18/2009	4/21/2009	4/23-4/25	4/27/09
			1:51.88 FAT (3rd)			
4x400	Meddaugh, Nicole 70.1h	Meddaugh, Nicole 73.3		O'Brien, Kayla NS		Gold, Kerry 75.8h
	Pazienza, Grace 79.2h	Kirby, Kristin 76.8		King, Stephanie NS		Puentes, DeAnna 77.6h
	Islam, Tanzania 79.3h	Herron, Elaine 78.2		Kirby, Kristin NS		Lucas, Mary 77.8h
	Gonzalez-McCue, Eliza 71.3h	Lucas, Mary 73.7		Wacholder, Marlee NS		Bersani, Anna 82.6h
	4:59.9 hand time	5:02.0 hand time		5:05.9 hand time		5:13.8 hand time
4x400	Lucas, Mary 72.0h	Gold, Kerry 76.5		Lucas, Mary 74.9h		
	Herron, Elaine 77.5h	Wacholder, Marlee 76.5		Puentes, Deanna 80.6h		
	Nardacci, Dominique 72.4h	Puentes, DeAnna 74.7		Cramer, Brittani 89.1h		
	McDonald, Christina 80.9h	Islam, Tanzania 80.1		Ludwig, Jillian 74.2h		
	5:02.8 hand time	5:07.8 hand time		5:18.8 hand time		
4x400	King, Stephanie 71.0h	Bobel, Amanda 88.5		Meddaugh, Nicole 72.7h		
	Gold, Kerry 76.0h	Guinane, Kendra 84.9		Hickey, Sarah 90.8h		
	Prashaw, Jessica 87.0h	Bersani, Anna 87.8		Gonzalez-McCue, Eliza 81.4h		
	Puentes, DeAnna 73.8h	Deyo, Bonnie 78.3		Islam, Tanzania 84.4h		
	5:07.8 hand time	5:39.5 hand time		5:29.3 hand time		
100 H	Schafer, Nicole 15.6h (1)	Schafer, Nicole 15.8h (1)	Schafer, Nicole 16.77 FAT semis (2nd)	Schafer, Nicole 16.4h (1)		Herrick, Jessica 19.9h
	Schmidt, Katie 18.1h	Herrick, Jessica 19.8h	Schafer, Nicole 16.74 FAT finals (2nd)	Herrick, Jessica 20.4h		Maloney, Colleen 21.5h
	Herrick, Jessica 19.8h (1)	Maloney, Colleen 20.7h	Maloney, Colleen 22.10 FAT semis (11)	Dehmel, Morgan 20.6h		
	Maloney, Colleen 21.4h	O'Neil, Caitlin 22.5h		Herron, Elaine 23.3h		
	O'Neil, Caitlin 23.0h			O'Neil, Caitlin 28.1h		
	Herron, Elaine 23.2h					
100 M	Boughtwood, Anna 13.0h (1)	Boughtwood, Anna 13.1h (1)	Cullings, Natalie 14.28 FAT semis (3rd)	Romer, Alison 13.8h (1)		Brocks, Annette 13.0h
	Cullings, Natalie 13.6h	Brocks, Annette 13.4h	Cullings, Natalie 14.18 FAT finals (3rd)	Cullings, Natalie 14.0h		Nardacci, Dominique 13.8h
	Nardacci, Dominique 14.0h	Cullings, Natalie 13.5h	Romer, Alison 14.55 FAT semis (3rd)	Brocks, Annette 14.1h		O'Brien, Kayla 14.3h
	Lucas, Mary 14.6h	Nardacci, Dominique 14.2h (1)	Romer, Alison 14.44 FAT finals (3rd)	Gonzalez-McCue, Eliza 15.2h		Ludwig, Jillian 14.4h
	Maloney, Colleen 14.7h	Ludwig, Jillian 14.5h	O'Brien, Kayla 15.66 FAT semis (17th)	Lucas, Mary 15.2h		Maloney, Colleen 14.5h
	Alviene, Shaye 14.8h	Lucas, Mary 14.7h	Meddaugh, Nicole 16.06 FAT semis (24)	Maloney, Colleen 15.2h		Arrington, Chakerra 14.9h
	Andersen, Alisha 15.0h	O'Brien, Kayla 14.7h		Alviene, Shaye 15.4h		Gonzalez-McCue, Eliza 15.0h
	Arrington, Chakerra 15.0h	D'Amico, Katie 14.9h		Islam, Tanzania 15.6h		Alviene, Shaye 15.1h
	Gleason, Nora 15.3h	Alviene, Shaye 15.2h		Andersen, Alisha 15.7h		Islam, Tanzania 15.7h
	Kirby, Kristin 15.3h	Andersen, Alisha 15.3h		Arrington, Chakerra 15.8h		Mahar, Shelby 15.7h
	Cramer, Brittani 15.4h	Cramer, Brittani 15.3h		Cramer, Brittani 15.9h		Bobel, Amanda 16.5h
	Gonzalez-McCue, Eliza 15.9h	Meddaugh, Nicole 15.5h		Gleason, Nora 16.0h		Pazienza, Grace 16.7h
	Islam, Tanzania 16.4h	Prashaw, Jessica 16.6h		Foster, Brooke 16.1h		Comeau, Jessie 16.8h
	Mahar, Shelby 16.4h	Pazienza, Grace 16.8h		Meddaugh, Nicole 16.1h		Milford, Jaela 16.8h
	Guinane, Kendra 16.5h	Bobel, Amanda 16.9h		Guinane, Kendra 16.3h		
	Bobel, Amanda 16.6h	Wojeski, Brooke 17.0h		Comeau, Jessie 16.4h		

	League # 1	League # 2	Bethlehem Invite	League # 3	Penn Relays	JV MEET
	HOME	BALLSTON SPA	Bethlehem	SHAKER	Phil. PA	BETHLEHEM
Event	MOVED TO 5/4/09	MOVED TO 4/30/09	4/18/2009	4/21/2009	4/23-4/25	4/27/09
	Mahar, Shelby 77.8h	Bersani, Anna 80.6h		Wojeski, Brooke 81.4h		
	Puentes, DeAnna 78.3h			Mahar, Shelby 82.5h		
	Pazienza, Grace 79.3h			Prashaw, Jessica 87.3h		
	Milford, Jaela 81.0h			Hickey, Sarah 88.9h		
	Guinane, Kendra 81.1h					
	Hickey, Sarah 83.4h					
	Bersani, Anna 84.0h					
	Prashaw, Jessica 88.1h					
400 H	Schafer, Nicole 69.9h (2)	Schmidt, Katie 74.5h	300 HURDLE TIMES:	Schmidt, Katie 74.5h		Herron, Elaine 92.5h
	Schmidt, Katie 72.0h	Herrick, Jessica 83.0h	Schafer, Nicole 49.72 FAT (2nd)	Maloney, Colleen 86.2h		
	Herrick, Jessica 81.8h	Maloney, Colleen 84.7h (1)		Herrick, Jessica 90.8h		
	Maloney, Colleen 84.8h	Herron, Elaine 93.3h		Mayor, Beth DQ		
800 M	Kiehl, Eva 2:36.0h	Palumbo, Cali 2:39.7h	600 METER TIMES:	Deyo, Bonnie 2:55.0h		Deyo, Bonnie 2:51.8h
	Mayor, Beth 2:43.9h (1)	Deyo, Bonnie 2:49.3h	DiMura, Nicolette 1:56.98 FAT (13th)	Gold, Kerry 2:58.3h		DeRubertis, Angela 2:53.2h
	Deyo, Bonnie 2:49.9h	Gold, Kerry 2:53.3h	Smith, Meghan 2:07.97 FAT (14th)	DeRubertis, Angela 3:04.3h		McDonald, Christina 2:59.7h
	Nichols, Mackenzie 2:51.9h	Nichols, Mackenzie 2:56.0h	DeRubertis, Angela 2:08.81 FAT (14th)	Applebaum, Alycia 3:07.6h		Applebaum, Alycia 3:05.2h
	Gold, Kerry 2:52.6h	DeRubertis, Angela 2:56.2h	Gonzalez-McCue, Eliza 2:17.42 FAT (19th)	McDonald, Christina 3:15.6h		Hickey, Sarah 3:25.8h
	Langley, Brittany 2:58.3h	Puentes, DeAnna 2:57.2h		Langley, Brittany 3:17.1h		
	McDonald, Christina 3:02.7h			Hickey, Sarah 3:31.3h		
	Hickey, Sarah 3:23.0h					
3000 M	Richburg, Jessica 11:29.6h	Richburg, Jessica 11:40.0h	Richburg, Jessica 11:42.22 FAT (2nd)	Palumbo, Cali 11:39.2h		Nichols, Mackenzie 13:46.0h
	Marschner, Justine 11:59.6h	DiMura, Nicolette 11:59.0h	Mayor, Beth 12:38.45 FAT (6th)	Richburg, Jessica 11:39.6h		
	DiMura, Nicolette 12:02.3h	Marschner, Justine 12:15.0h		Mayor, Beth 12:24.4h		
	DeRubertis, Angela 13:06.1h	Mayor, Beth 12:41.0h		Nichols, Mackenzie 12:27.1h		
		McDonald, Christina 13:01.4h				

	League # 1	League # 2	Bethlehem Invite	League # 3	Penn Relays	JV MEET
	HOME	BALLSTON SPA	Bethlehem	SHAKER	Phil. PA	BETHLEHEM
Event	MOVED TO 5/4/09	MOVED TO 4/30/09	4/18/2009	4/21/2009	4/23-4/25	4/27/09
	Alviene, Shaye 10'11	Wojeski, Brooke 9'09		Palumbo, Cali 10'09		Needham, Anja 9'03
	Bobel, Amanda 9'06			O'Neil, Caitlin 9'11		
				Wojeski, Brooke 9'10.50		
				Bobel, Amanda FOUL		
Shot	Guinane, Kendra 20'00	Guinane, Kendra 19'06	Guinane, Kendra 21'02.25 (8th)	Dehmel, Morgan 20'05		Comeau, Jessie 16'02
	Comeau, Jessie 16'00.50	Comeau, Jessie 15'10	Dehmel, Morgan 19'08 (12th)	Gunane, Kendra 20'03.50		
			Comeau, Jessie 16'09.75 (16th)	Foster, Brooke 19'01		
				Comeau, Jessie 17'06		
HJ	Schafer, Nicole 4'09 (1)	Schafer, Nicole 4'06 (1)	O'Connor, Eliza 4'04 (6th)	Schafer, Nicole 4'06		Brocks, Annette 4'04
	O'Connor, Eliza 4'03	O'Connor, Eliza 4'03		O'Connor, Eliza 4'02		
	Palumbo, Cali 4'03	Brocks, Annette 4'03		Brocks, Annette 4'00		
	Herron, Elaine 3'09	Palumbo, Cali 4'00		Herron, Elaine 3'08		
		Guinane, Kendra 3'08		Palumbo, Cali 3'08		
		Herron, Elaine 3'08		Dehmel, Morgan		
				Guinane, Kendra NH		
Discus		Guinane, Kendra 34'06.50	Dehmel, Morgan 42'07 (13th)	Applebaum, Alycia 60'05		Applebaum, Alycia 58'02
		Comeau, Jessie 33'08	Guinane, Kendra 41'07 (14th)	Dehmel, Morgan 45'04		Comeau, Jessie 37'04
				Foster, Brooke 39'07		
				Comeau, Jessie 39'06		
				Guinane, Kendra 40'00		
TJ	Kiehl, Eva 29'03	Deyo, Bonnie 26'08.50	Kiehl, Eva 30'01.75 (9th)	Keihl, Eva 28'03.75		Deyo, Bonnie 26'11.50
	Deyo, Bonnie 27'07.50	D'Amico, Katie 25'01.50		Deyo, Bonnie 26'05		Langley, Brittany 22'09
	Alviene, Shaye 26'06	Alviene, Shaye 24'08		Langley, Brittany 22'00		
	Wojeski, Brooke 26'04	Wojeski, Brooke 24'07.50		Wacholder, Marlee FOUL		
	D'Amico, Katie 26'03	Wacholder, Marlee 24'01				
	Langley, Brittany 25'04	O'Neil, Caitlin 23'02				
	Wacholder, Marlee 22'03					
PV	Gleason, Nora NH	Brocks, Annette NH		Brocks, Annette 6'00		Brocks, Annette NH
				Gleason, Nora NH		
2000			O'Connor, Charlotte 8:35.36 FAT (9th)			
Steeple-			Richburg, Jessica 8:35.82 FAT (10th)			

	League # 1	League # 2	Bethlehem Invite	League # 3	Penn Relays	JV MEET
	HOME	BALLSTON SPA	Bethlehem	SHAKER	Phil. PA	BETHLEHEM
Event	MOVED TO 5/4/09	MOVED TO 4/30/09	4/18/2009	4/21/2009	4/23-4/25	4/27/09
chase						
OVERALL	1-5 VARSITY	0-4 VARSITY	5th Overall out of 15 teams (Varsity)	0-2 VARSITY		
RECORDS	3-3 JUNIOR VARSITY	1-3 JUNIOR VARSITY	12th Overall out of 13 teams (Frosh/Soph)	1-1 JUNIOR VARSITY		NON-SCORING
	H= Hand time	H= Hand time	H= Hand time	H= Hand time	H= Hand time	H= Hand time
	FAT= Fully Automatic	FAT= Fully Automatic	FAT= Fully Automatic	FAT= Fully Automatic	FAT= Fully Automatic	FAT= Fully Automatic
	Timing	Timing	Timing	Timing	Timing	Timing
	SPLITS for 4x100 relay are <u>NOT</u> always correct.	SPLITS for 4x100 relay are <u>NOT</u> always correct.	SPLITS for 4x100 relay are <u>NOT</u> always correct.	SPLITS for 4x100 relay are <u>NOT</u> always correct.	SPLITS for 4x100 relay are <u>NOT</u> always correct.	SPLITS for 4x100 relay are <u>NOT</u> always correct.
	NS = NO SPLITS for 4x100			NO SPLITS for 4x100 & 4x400		

	Schen. Invite	Colonie Relays	League # 4	QB Invite	League # 5
	Schenectady	Colonie	Colonie	Queensbury	HOME
Event	4/30/09	5/2/09	5/6/09	5/9/09	5/11/09
4x800	Kiehl, Eva 2:34.4	DiMura, Nicolette 2:37.5h	Kiehl, Eva 2:36.8h	O'Connor, Charlotte 2:31.3	DiMura, Nicolette 2:36.8h
	O'Connor, Charlotte 2:36.4	O'Connor, Charlotte 2:34.1h	Palumbo, Cali 2:39.1h	Palumbo, Cali 2:40.3	Marschner, Justine 2:38.8h
	Marschner, Justine 2:40.1	Richburg, Jessica 2:39.1h	Richburg, Jessica 2:42.5h	Richburg, Jessica 2:39.3	O'Connor, Charlotte 2:33.7h
	Schmidt, Katie 2:37.41	Smith, Meghan 2:52.1h	Marschner, Justine 2:48.5	DiMura, Nicolette 2:36.66	Richburg, Jessica 2:36.4h
	10:28.31 FAT (8th)	10:42.8 hand time (9th)	10:46.9 hand time	10:27.56 FAT (6th)	10:25.7 hand time
4x800			Gold, Kerry 2:54.9h		Gold, Kerry 2:56.5h
			Puentes, DeAnna 2:48.3h		Puentes, DeAnna 2:52.6h
			Nichols, Mackenzie 2:50.0h		Mayor, Beth 2:49.2h
			Mayor, Beth 2:46.8h		Smith, Meghan 3:00.1h
			11:20.0 hand time		11:38.4 hand time
4x800					
4x100	Andersen, Alisha 16.2		Schafer, Nicole 13.1h	Schafer, Nicole 12.5	Nardacci, Dominique 14.0h
	Murphy, Michelle 13.3h		Murphy, Michelle 14.4h	Cullings, Natalie 12.8	Herrick, Jessica 14.6h
	D'Amico, Katie 15.1h		D'Amico, Katie 14.5h	D'Amico, Katie 14.8	O'Brien, Kayla 14.4h
	Cullings, Natalie 13.24		O'Brien, Kayla 15.3h	Herrick, Jessica 15.03	Ludwig, Jillian 14.2h
	57.84 FAT (15th)		57.3 hand time	55.13 FAT (12th)	57.2 hand time
4x100			Lucas, Mary 14.4h		Meddaugh, Nicole NS
			Meddaugh, Nicole 14.9h		Mahar, Shelby NS
			Kirby, Kristin 16.1h		Lucas, Mary NS
			Nardacci, Dominique 13.5h		Wacholder, Marlee NS
			58.9 hand time		60.3 hand time
4x100			Gonzalez-McCue, Eliza 15.3h		Arrington, Chakerra NS
			Maloney, Colleen 14.1h		Bersani, Anna NS
			Ludwig, Jillian 15.1h		Milford, Jaela NS
			O'Neil, Caitlin 15.4h		Needham, Anja NS
			59.9 hand time		63.6 hand time
4x100			Cramer, Brittani 15.6h		Andersen, Alisha
			Pazienza, Grace 16.1h		Murphy, Michelle
			Mahar, Shelby 15.7h		D'Amico, Katie
			Prashaw, Jessica 16.5h		DeLisle, Olesya
			63.9 hand time		DQ
4x400	Boughtwood, Anna 61.7		O'Connor, Eliza 66.1h		Murphy, Michelle 68.1h
	O'Connor, Eliza 66.5		D'Amico, Katie 71.5h		D'Amico, Katie 71.1h
	O'Connor, Charlotte 68.0		Schmidt, Katie 69.3h		O'Connor, Charlotte 67.2h
	Schmidt, Katie 67.62		Murphy, Michelle 70.6h		Boughtwood, Anna 70.9h
	4:23.82 FAT (5th)		4:37.5 hand time		4:37.3 hand time

	Schen. Invite Schenectady	Colonie Relays Colonie	League # 4 Colonie	QB Invite Queensbury	League # 5 HOME
Event	4/30/09	5/2/09	5/6/09	5/9/09	5/11/09
4x400			Gonzalez-McCue, Eliza 78.0h		Maloney, Colleen 75.3h
			Meddaugh, Nicole 72.6h		Lucas, Mary 73.5h
			Maloney, Colleen 74.5h		Herrick, Jessica 82.3h
			Cramer, Brittani 77.9h		Kirby, Kirby 78.7h
			5:03.0 hand time		4:59.8 hand time
4x400			Lucas, Mary 74.6h		Wacholder, Marlee 73.0h
			Herrick, Jessica 74.8h		Nichols, Mackenzie 76.9h
			Gold, Kerry 79.0h		Arrington, Chakerra 74.2h
			Mayor, Beth 76.6h		Bersani, Anna 76.6h
			5:05.0 hand time		5:00.7 hand time
4x400			Mahar, Shelby 78.4h		Andersen, Alisha 76.6h
			Hickey, Sarah 86.4h		Bobel, Amanda 90.4h
			Milford, Jaela 90.3h		Needham, Anja 80.5h
			Bersani, Anna 88.3h		Hickey, Sarah 86.2h
			5:43.3 hand time		5:33.7 hand time
100 H	Schafer, Nicole 16.24 FAT (semis 1)	SHUTTLE HURDLE RELAY	Schafer, Nicole 15.8h (1)	Schafer, Nicole 15.72 FAT semis (1)	Schafer, Nicole 15.6h (2)
	Schafer, Nicole 15.95 FAT (finals 1)	Schafer, Nicole 15.8h	Schmidt, Katie 19.1h	Schafer, Nicole 15.70 FAT finals (1)	Schmidt, Katie 18.7h
		Schmidt, Katie 19.2h	Herrick, Jessica 19.8h	Schmidt, Katie 18.79 semis (17)	Herrick, Jessica 19.3h
		Herrick, Jessica 19.7h	Maloney, Colleen 20.2h	Herrick, Jessica 19.88 semis (26)	Maloney, Colleen 20.9h
		TOTAL: 54.7 hand time (9th)	Herron, Elaine 22.7h		Herron, Elaine 22.2h
100 M	Cullings, Natalie 13.47 FAT (semis 6)		Schafer, Nicole 13.3h	Cullings, Natalie 13.80 FAT semis (11)	Boughtwood, Anna 12.8h (2)
	Cullings, Natalie 13.47 FAT (finals 7)		Nardacci, Dominique 14.0h	Cullings, Natalie 14.01 FAT finals (16)	Schafer, Nicole 12.9h
	D'Amico, Katie 15.21 FAT (semis 29)		Ludwig, Jillian 14.6h		Cullings, Natalie 13.6h
			Wacholder, Marlee 14.6h		Nardacci, Dominique 13.7h
			Cramer, Brittani 15.0h		Lucas, Mary 14.3h
			O'Brien, Kayla 15.0h		Ludwig, Jillian 14.4h
			Arrington, Chakerra 15.2h		O'Brien, Kayla 14.4h
			Kirby, Kristin 15.3h		Gleason, Nora 14.6h
			Meddaugh, Nicole 15.6h		Kirby, Kristin 14.8h
			Guinane, Kendra 16.2h		Meddaugh, Nicole 15.3h
			Mahar, Shelby 16.2h		Islam, Tanzania 15.6h
			King, Stephanie 16.4h		Mahar, Shelby 15.9h
			Pazienza, Grace 16.5h		Prashaw, Jessica 16.0h
			Prashaw, Jessica 16.8h		Pazienza, Grace 16.3h
			Comeau, Jessie 16.9h		Bersani, Anna 16.4h
			Milford, Jaela 17.1h		Bobel, Amanda 16.4h
					Milford, Jaela 17.3h

	Schen. Invite	Colonie Relays	League # 4	QB Invite	League # 5
	Schenectady	Colonie	Colonie	Queensbury	HOME
Event	4/30/09	5/2/09	5/6/09	5/9/09	5/11/09
400 H	Schmidt, Katie 74.42 FAT (11)		Schmidt, Katie 73.8h	Schmidt, Katie 73.33 FAT (4th)	Schafer, Nicole 70.9h (3)
			Herrick, Jessica 80.8h		Schmidt, Katie 73.1h
			Maloney, Colleen 83.6h		Herrick, Jessica 79.4h
			Herron, Elaine 90.9h		Herron, Elaine 82.4h
					Maloney, Colleen 84.9h
800 M	Kiehl, Eva 2:34.96 (10)		Boughtwood, Anna 2:23.2h (2)	Deyo, Bonnie 2:50.57 FAT (33)	O'Connor, Charlotte 2:33.4h
	Marschner, Justine 2:40.58 (17)		DiMura, Nicolette 2:39.8h		Kiehl, Eva 2:36.4h
			Marschner, Justine 2:48.3h		Marschner, Justine 2:45.6h
			DeRubertis, Angela 2:49.4h		DeRubertis, Angela 2:49.6h
			Deyo, Bonnie 2:50.0h		Nichols, Mackenzie 2:49.7h
			Nichols, Mackenzie 2:50.6h		Deyo, Bonnie 2:49.9h
			Gold, Kerry 2:50.7h		Gold, Kerry 2:51.5h
			Smith, Meghan 2:54.1h		Puentes, DeAnna 2:52.3h
			McDonald, Christina 3:04.6h		McDonald, Christina 2:52.9h
			Langley, Brittany 3:05.6h		Smith, Meghan 2:53.4h
					Langley, Brittany 3:03.1h
					Hickey, Sarah 3:26.0h
200 M	Miller, Kayla 27.54 FAT (semis 5)		Nardacci, Dominique 29.1h	Boughtwood, Anna 26.12 FAT finals (1)	Boughtwood, Anna 25.4h (1)
	Miller, Kayla 28.35 FAT (finals 4)		Ludwig, Jillian 30.4h	MEET RECORD--Boughtwood	DeLisle, Olesya 29.4h
	Murphy, Michelle 30.81 FAT (semis 25)		O'Brien, Kayla 30.7h	Boughtwood, Anna 27.02 FAT semis (1)	Nardacci, Dominique 29.5h
			Lucas, Mary 30.9h	Boughtwood, Anna 27.10 FAT trials (1)	O'Brien, Kayla 30.1h
			Wacholder, Marlee 31.2h	O'Brien, Kayla 30.76 FAT (33)	D'Amico, Katie 30.6h
			Schmidt, Katie 31.4h		Andersen, Alisha 31.1h
			Arrington, Chakerra 31.5h		Gleason, Nora 31.3h
			Herrick, Jessica 32.0h		Lucas, Mary 31.9h
			Gonzalez-McCue, Eliza 32.3h		Kirby, Kristin 32.0h
			King, Stephanie 34.2h		Islam, Tanzia 33.4h
			O'Neil, Caitlin 34.6h		King, Stephanie 33.6h
			Wojeski, Brooke 34.8h		Bobel, Amanda 34.5h
			Bersani, Anna 35.4h		Wojeski, Brooke 34.6h
			Milford, Jaela 36.2h		Pazienza, Grace 34.9h
			Bobel, Amanda 36.7h		Prashaw, Jessica 35.9h

	Schen. Invite	Colonie Relays	League # 4	QB Invite	League # 5
	Schenectady	Colonie	Colonie	Queensbury	HOME
Event	4/30/09	5/2/09	5/6/09	5/9/09	5/11/09
HJ	O'Connor, Eliza 4'06 (13)	O'Connor, Eliza 4'03	O'Connor, Eliza 4'03 Herron, Elaine 4'00 Guinane, Kendra 3'09 Palumbo, Cali 3'06	Schafer, Nicole 4'10 (3)	Schafer, Nicole 5'00 O'Connor, Eliza 4'03 Palumbo, Cali 4'03 Guinane, Kendra 4'00 Herron, Elaine 3'09
Discus			Guinane, Kendra 30'10 Comeau, Jessie 30'09		
TJ	Kiehl, Eva 29'05	Deyo, Bonnie 27'08 D'Amico, Katie 25'03	Kiehl, Eva 28'00 Deyo, Bonnie 27'10 Alviene, Shaye 25'06.50 D'Amico, Katie 25'04 Wojeski, Brooke 24'08.50 Langley, Brittany 22'04.50	Kiehl, Eva 30'02.25 (14) Deyo, Bonnie 28'11.50 (21) D'Amico, Katie 25'00.25 (29)	Kiehl, Eva 30'02.50 Deyo, Bonnie 29'06 Langley, Brittany 25'08.25 Wojeski, Brooke 25'00 O'Neil, Caitlin 23'07.50
Pole Vault					
DMR 12,4,8,16		O'Connor, Charlotte 4:15.4h O'Connor, Eliza 66.9h DiMura, Nicolette 2:39.8h Richburg, Jessica 5:46.6h 13:51.7 hand time (7th)			
4x200		Schafer, Nicole 27.8h Cullings, Natalie 27.9h DeLisle, Olesya 28.8h Boughtwood, Anna 25.3h 1:49.8 hand time (3rd)			
SMR		D'Amico, Katie 31.8h			

	Schen. Invite	Colonie Relays	League # 4	QB Invite	League # 5
	Schenectady	Colonie	Colonie	Queensbury	HOME
Event	4/30/09	5/2/09	5/6/09	5/9/09	5/11/09
4,2,2,8		Herrick, Jessica 31.1h			
		Schmidt, Katie 67.4h			
		Mayor, Beth 2:47.1h			
		4:57.4 hand time			
2000 m					
Steeple					
Pent.					
OVERALL			1-7 VARSITY		2-9 VARSITY
RECORDS	7th overall out of 19 total teams	13th overall out of 17 total teams	3-5 JUNIOR VARSITY	5th overall out of 21 total teams	4-7 JUNIOR VARSITY
					FINAL LEAGUE RECORDS!!
	H= Hand time	H= Hand time	H= Hand time	H= Hand time	H= Hand time
	FAT= Fully Automatic	FAT= Fully Automatic	FAT= Fully Automatic	FAT= Fully Automatic	FAT= Fully Automatic
	Timing	Timing	Timing	Timing	Timing
	SPLITS for 4x100 relay	SPLITS for 4x100 relay	SPLITS for 4x100 relay	SPLITS for 4x100 relay	SPLITS for 4x100 relay
	are NOT always correct.	are NOT always correct.	are NOT always correct.	are NOT always correct.	are NOT always correct.
			NO SPLITS for 4x100		

