

## JUNE 2008

**\*\*\* THERE ARE DIFFERENT CAMPS OFFERED DURING THE SUMMER  
GIRLS CROSS-COUNTRY 2008**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11 XC MEETING @ COLUMBIA	12	13	14
15	16	17 COLONIE REC. MEETS START @ 6:15 PM	18 XC MEETING @ GOFF	19 AVERILL PARK RUNS ????	20	21
22	23	24 COLONIE REC MEET 6:15	25	26 AVERILL PARK RUNS ????	27	28
29	30					

# JULY 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 COLONIE REC MEET 6:15	2	3 AVERILL PARK RUNS ????	4 FORTH OF JULY HOLIDAY	5
6	7 RUNS AT COLUMBIA 6:30 PM	8 COLONIE REC MEET 6:15	9	10 AVERILL PARK RUNS ????	11	12
13	14 RUNS AT COLUMBIA 6:30 PM	15 COLONIE REC MEET 6:15	16	17 AVERILL PARK RUNS ????	18	19
20	21 RUNS AT COLUMBIA 6:30 PM	22 COLONIE REC MEET 6:15	23	24 AVERILL PARK RUNS ????	25	26
27	28 RUNS AT COLUMBIA 6:30 PM	29 COLONIE REC MEET 6:15	30	31 AVERILL PARK RUNS ????		

# AUGUST 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 <b>DYNAMIC DUO MEET</b>
3	4 <b>RUNS AT COLUMBIA 6:30 PM</b>	5 <b>COLONIE REC MEET 6:15 GIRLS HEALTH REVIEWS 9:30 AM -11:30 AM</b>	6	7 <b>AVERILL PARK RUNS ????</b>	8	9
10	11	12 <b>COLONIE REC MEET 6:15</b>	13	14	15 <b>BOYS HEALTH REVIEWS 9:30 AM -11:30 AM</b>	16
17	18 <b>PRACTICE STARTS 9-11 AM MAKE-UP HEALTH REVIEW 8 AM-2 PM</b>	19 <b>PRACTICE 9-11 AM</b>	20 <b>PRACTICE 9-11 AM</b>	21 <b>PRACTICE 9-11 AM</b>	22 <b>PRACTICE 9-11 AM</b>	23
24/31	25 <b>PRACTICE 9-11 AM</b>	26 <b>PRACTICE 9-11 AM</b>	27 <b>PRACTICE 9-11 AM</b>	28 <b>PRACTICE 9-11 AM</b>	29 <b>PRACTICE 9-11 AM</b>	30 <b>LABOR DAY WEEKEND</b>

# SEPTEMBER 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <b>LABOR DAY</b>	2 <b>PRACTICE @ 6:00 PM</b>	3 <b>PRACTICE @ 6:00 PM</b>	4 <b>PRACTICE @ 3:30 PM</b>	5 <b>PRACTICE @ 3:30 PM</b>	6 <b>UNIFORM DAY 9:30 AM</b>
7	8	9 <b>LEAGUE MEET HOME 4 PM</b>	10	11	12	13 <b>SHAKER INVITE @ COLONIE TOWN PARK 9 AM</b>
14	15	16 <b>LEAGUE MEET GUILDERLAND 4 PM</b>	17	18	19	20 <b>QUEENSBURY INVITE @ QUEENSBURY 9 AM</b>
21	22	23 <b>LEAGUE MEET SARATOGA 4 PM</b>	24	25	26 <b>HOME-COMING FOOTBALL GAME (7PM)</b>	27 <b>HOME-COMING DANCE</b>
28	29	30				